

Allergen Table

Pea and Ham

Leek & Potato

Broccoli

Tomato & Herbs

Chef's Special

Mild Madras Chicken Curry Served with Fluffy Rice

Traditional Sheppard's Pie Served with Roasted Carrots

Classic Roast Pork
Roast potatoes
Carrots
Cabbage
Gravy

Traditional Beef Lasagne
2-7
(Available as Gluten & Dairy Free)

**Chicken Burger with
Chunky Chips**
2
(Available as Gluten Free)

Vegetable & Lentil Dhal Served with Roast Peppers & Fluffy Rice

Vegetable Tagliatelle
(Available as Gluten Free)

Butternut Squash Stew Served with Rice

Vegetable Lasagne
2-7
(Available as Gluten & Dairy Free)

Beans & Lentil Burger
2
(Available as Gluten Free)

Saag Aloo (Spinach and Potato)

American BBQ Chicken Wing's

Vegetable Hotpot Served with Roast Potatoes

Rice & Vegetables Stuffed Peppers

Spanish Tortilla

Jacket Potato Bar
with Cheddar Cheese,
Beans or Tuna Mayo
Selection of Sandwiches or
Wraps
2.4.5.7.9

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Autumn Fruit Crumble
2
(Available as Gluten Free)

Fruity Flapjack
2
(Available as Gluten Free)

Lemon Drizzle Cake
2
(Available as Gluten Free)

Eton Mess
4-7
(Available as Egg & Dairy Free)

**Chocolate Crunchy
Crispy Rice**
13
(Available as Soya Free)

Salad Bar available everyday

Chunks of fresh fruit and natural yoghurt

Please see a member of staff for allergen alternatives

1 Celery

2 Gluten

3 Crustaceans

4 Eggs

5 Fish

6 Lupin

7 Milk/Dairy

8 Molluscs

9 Mustard

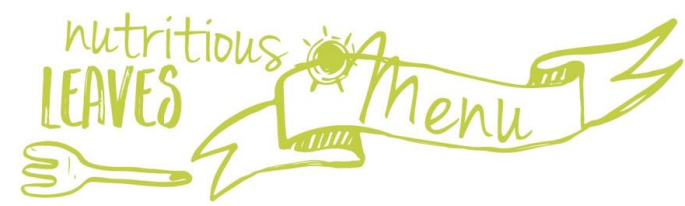
10 Nuts

11 Peanuts

12 Sesame

13 Soya

14 Sulphites



SAMPLE MENU

